

MICHAEL S. JOYNER, MD, MBA, PhD

PHYSICIAN-EXECUTIVE | HEALTHCARE BOARD DIRECTOR | STRATEGIC ADVISOR

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BOARD PROFILE

Fellowship-trained hand and microsurgeon, physician-executive, healthcare board director, entrepreneur, and former U.S. Army Major and Brigade Surgeon with more than three decades of clinical, surgical, operational, and leadership experience. Brings independent frontline judgment to healthcare strategy, ambulatory operations, patient safety, physician adoption, clinical innovation, governance, and executive longevity. Particularly relevant to healthcare services, medical technology, private-equity portfolio companies, digital health, diagnostics, longevity, and consumer health.

BOARD VALUE PROPOSITION

- **Clinical judgment and enterprise risk:** Translate patient-care realities into practical oversight of clinical quality, safety, workflow, adoption, and reputational risk.
- **Healthcare operations:** Contribute experience from multisite surgical practice, hospital relationships, ambulatory surgery, perioperative coordination, and physician-led care delivery.
- **Medical technology and innovation:** Assess clinical use cases, workflow fit, product relevance, physician usability, adoption barriers, evidence strategy, and stakeholder engagement.
- **Governance and strategic growth:** Bring physician-executive perspective to strategy, organizational performance, medical oversight, ethics, compliance, and value-based care.
- **Human performance and longevity:** Advise on executive resilience, leadership continuity, behavior change, high-performer health, and emerging longevity markets.
- **Founder and investor perspective:** Evaluate clinical plausibility, operational feasibility, patient and physician adoption risk, and healthcare-market assumptions.

BOARD & GOVERNANCE EXPERIENCE

Board Member | **North Platte Surgery Center** | *North Platte, Nebraska* | **Current**

Provide physician and clinical perspective within a multispecialty ambulatory surgical environment. Board contributions include clinical quality, patient safety, surgical operations, physician alignment, healthcare delivery, regulatory readiness, cost-effective care, and facility-level decision-making.

Board Member | **Richard Allen Cultural Center & Museum** | *Leavenworth, Kansas* | **Current**

Support institutional stewardship, strategic planning, community engagement, and preservation of African American and military history. Maintain a personal connection to the mission through a great-great-grandfather who served as a Buffalo Soldier and whose historic home became part of the museum.

Foundation Board Member & Scholars Program Chairman | **Epsilon Lambda Boule Foundation** | **Prior**

Supported nonprofit governance, educational programming, mentorship, scholarship initiatives, and community impact.

EXECUTIVE & CLINICAL LEADERSHIP

Founder & Medical Director | **ProAging Longevity Lab & Vitality Center** | **Current**

Lead development of a physician-directed, virtual-first longevity enterprise serving executives, physicians, former athletes, and other high performers through personalized assessment, longitudinal strategy, behavior change, and healthspan optimization.

Founder, Owner & Hand Surgeon | The Joyner Hand, PA | Florida and Nebraska | 2010–Present

Built and lead a specialty surgical practice spanning patient access, clinical operations, perioperative coordination, postoperative recovery, therapy integration, patient communication, physician relationships, and hospital and ambulatory partnerships.

Staff Hand Surgeon | Great Plains Orthopaedics | North Platte, Nebraska | 2018–Present

Provide complex hand, wrist, and upper-extremity surgical care while coordinating across hospital, operating-room, anesthesia, therapy, and ambulatory teams. Bring direct insight into patient communication, recovery adherence, outcome assessment, workflow efficiency, and barriers to care.

Staff Hand & Microsurgeon | Tri-County Orthopedic Center | Leesburg, Florida | 2008–2010

Delivered surgical and nonsurgical care for hand, wrist, elbow, and shoulder conditions, including trauma, arthritis, reconstruction, arthroscopy, and joint replacement.

Clinical Instructor, Division of Hand Surgery | University of Louisville | Louisville, Kentucky | 2006–2008

Taught and supervised learners, evaluated surgical risk, and participated in complex hand and reconstructive microsurgical care.

Staff Surgeon | Kleinert Kutz Hand Care Center | Kentucky | 2006–2008

Managed complex hand and upper-extremity cases within a multidisciplinary surgical practice.

ADVISORY FOCUS

- **Healthcare and clinical strategy:** Care delivery, clinical workflow, patient safety, quality, medical risk, and physician-led operations.
- **Medical technology and product strategy:** Clinical use-case evaluation, workflow fit, physician usability, clinical-market relevance, and stakeholder engagement.
- **Physician adoption and engagement:** Physician value proposition, clinical champions, education, communication, and implementation barriers.
- **Clinical due diligence:** Clinical plausibility, care-model assessment, operational feasibility, differentiation, and adoption risk.
- **Executive longevity strategy:** Leadership continuity, resilience, burnout risk, behavior change, and high-performer healthspan strategy.

MILITARY LEADERSHIP**Major, U.S. Army Medical Corps | United States Army | Honorable Discharge, 2003**

Following an active-duty general surgery internship at Walter Reed Army Medical Center, served as a U.S. Army Medical Corps physician and Primary Brigade Surgeon at the Presidio of Monterey, California, supporting the Defense Language Institute Foreign Language Center and the broader military community served through the Presidio of Monterey Army Health Clinic, including personnel associated with the Naval Postgraduate School. Completed four years of active-duty service and attained the rank of Major. Recipient of the Army Commendation Medal and Army Chaplain's Coin.

EDUCATION & ADVANCED TRAINING

University of California, Berkeley – Undergraduate Studies; elected ASUC Senator with experience in student governance, constituent representation, policy deliberation, and oversight of a multimillion-dollar student-government budget

BS, Zoology; Minor in Chemistry – Howard University

MD – Georgetown University School of Medicine; U.S. Army Health Professions Scholarship recipient

MBA, Sports Administration – St. Thomas University, Miami

PhD, Positive Sports Psychology – Graduate University of America

Board-Certified Diplomate, Positive Sports Psychology

Hand & Microsurgery Fellowship – Christine M. Kleinert Institute / University of Louisville

Visiting Scholar, Reconstructive Microsurgery – Chang Gung Memorial Hospital; training with Fu-Chan Wei, MD
General Surgery Chief Resident – Morehouse School of Medicine / Grady Memorial Hospital
General Surgery Internship – Walter Reed Army Medical Center

SELECTED EXECUTIVE, INVESTMENT & LONGEVITY EDUCATION

CFA Institute – Private Equity Certificate, in progress
Harvard Business School Online (HBX) – Financial Accounting
Stanford Center for Professional Development – Innovative Tactics for Launching Your Product
Harvard Kennedy School Executive Education – Leading Nonviolent Movements for Social Progress
American Board of Anti-Aging and Regenerative Medicine (A4M) – Fellowship in Longevity Medicine, in progress
The Institute for Functional Medicine – Functional medicine certification training in progress
Additional training – Clinical weight management, peptide therapy, and supplementation

INNOVATION, COMMUNICATION & RECOGNITION

- **Entrepreneur and inventor:** Founder of Touchless Flatware Corporation and Touchless Patented Designs, with experience in patented product development, intellectual property, branding, and commercialization.
- **Author and presenter:** Communicates on hand surgery, extremity trauma, microsurgery, longevity, performance, and biomedical innovation.
- **Selected recognition:** Diversity and Innovation Award for Touchless Flatware; Gregory M. Chirikjian Biomedical Research Award.

PROFESSIONAL AFFILIATIONS & LICENSURE

American Medical Association | National Medical Association | Florida Medical Association | Sigma Pi Phi | Kappa Alpha Psi
Medical licensure: Florida, Colorado, California, Nebraska, Kentucky, and Arizona